

GROUP COORDINATORS' REPORT AUGUST 2026

Shepton Mallet U3A has variety of group activities, some just involving getting together for a coffee and a chat, others far more active.

There is Table Tennis, skittles, walking at various levels, from strolling to short or longer distances. You can hone your artistic & learning sides by the Art, Book, French, Needlecraft, Photography, Play Reading & Creations groups. Sadly Chair Yoga had to close as the leader moved away.

The Genes group is for tracing back your family history and the Collectables group looking at treasures. There is also a Trains & Railways group for those interested in heavy metal. If you have a sharp brain & a good memory, join the Bridge group. If you are musical, try Singing for Pleasure. Our newest group is Quizzing, on the first Friday morning of the month.

Solos, coffee and monthly speaker meetings with interesting and varied topics are held regularly, also fish lunches at Whitstones .

The Group Leaders do a sterling job liaising the groups & keeping vacancies up to date. We are grateful for their support.

We are always looking for ideas for new groups, so do let us know if you would like to try something new.

Finally, a huge thank you to all who help, we need & value your support.

Clare Champion